

1970 Track Honor Roll (6/1/70) Minneapolis Tribune

(does not include all Regionals, Conferences, or the State Meet)

100 Yard Dash

Mark Lutz, Rochester Mayo :09.7
Doug Sorvik, Moorhead :09.7
Mark Blaske, Princeton :09.9
Steve Coleman, Mound :09.9
Joe Doughty, Blake :09.9

220 Yard Dash

Mark Lutz, Rochester Mayo :20.9
Steve Kohls, Hutchinson :21.8
Steve Coleman, Mound :21.8
Doug Sorvik, Moorhead :21.9
Joe Doughty, Blake :22.0

440 Yard Dash

Mark Lutz, Rochester Mayo :48.0
Charles Christopherson, Columbia Heights :49.7
G. L. Lewis, Mpls. Central :49.8
Bob Jacobson, Northfield :49.9
Dave Pederson, Albert Lea :49.9

880 Yard Run

Dan Humes, Owatonna 1:55.9
Mark Liptrap, Bloomington Lincoln 1:56.2
Steve Resler, White Bear Lake 1:57.2
Dan Lyndgaard, New Richland 1:57.2
Paul Wehrwein, Edina 1:57.3

One Mile Run

John Weathers, North St. Paul 4:21.7
Craig Granse, Alexander Ramsey 4:21.9
Gerald Pederson, Coon Rapids 4:23.2
Dennis Fee, White Bear Lake 4:24.0
Tom Ward, Mpls. Southwest 4:25.5
Pat Kriedler, Duluth Denfeld 4:25.5

Two Mile Run

Steve Garlock, Edina 9:29.9
Dave Sikkora, Anoka 9:30.0
Tom Meyer, Princeton 9:31.3
Jim Wilson, Mounds View 9:33.7
Mark Swanson, North St. Paul 9:37.0

120 Yard High Hurdles

Chuck Miller, Brainerd :14.5
Greg Langer, Alexander Ramsey :14.6
Tom Wetzels, Wells :14.6
Jerry Johnson, Moorhead :14.7
Andy Urech, Irondale :14.7

180 Yard Low Hurdles

Chuck Miller, Brainerd :19.2
Steve Holum, Moorhead :19.4
Ron Smith, North St. Paul :19.5
Andy Urech, Irondale :19.5
Bill Krueger, White Bear Lake :19.5

880 Yard Relay (4x200)

Edina 1:30.0
White Bear Lake 1:30.4
Moorhead 1:30.9
St. Louis Park 1:31.3
South St. Paul 1:31.6

Mile Relay (4x440)

White Bear Lake 3:23.4
Moorhead 3:24.2
Owatonna 3:24.9
Northfield 3:24.9
Alexander Ramsey 3:25.3

Mile Sprint Medley Relay (220,220,440,880)

St. Paul Park 3:34.2
Bloomington Lincoln 3:34.6
White Bear Lake 3:34.7
St. Louis Park 3:34.9
Edina 3:36.3

Shot Put

Don House, Columbia Heights 55-7.25
Greg Smith, Osseo 54-11
Mike Tintor, Hibbing 54-9
Kurt Wachtler, Hill 54-8.5
Dan Fritsche, North St. Paul 54-7

Discus Throw

Mark Severson, North St. Paul 177-4
Sandy Morrison, Blake 171-3
Dan Johnson, Anoka 169-6
Paul Okerstrom, Mounds View 167-0
Keith Rudeen, North St. Paul 164-4

High Jump

Cal Simmons, Northfield 6-4.5
Niles Jefferson, Marshall-University 6-4.25
Gary Jordan, Wayzata 6-4
Scott Habstritt, Roseau 6-3.5
Tom Fechter, Red Wing 6-3

Pole Vault

Jim Lee, Austin 15-0
Jesse Cogswell, Rochester Mayo 14-1.25
Mark Day, Edina 13-10.25
Gary Hanson, St. Cloud Tech 13-6
Steve Labatt, Coon Rapids 13-6
Jim Haase, Alexandria 13-6
John Thysel, Moorhead 13-6

Long Jump

Jim Hunter, West St. Paul 22-7
Kevin Keller, Austin 22-6
Mike Nyberg, Moorhead 22-6
Dan Schaller, Osseo 22-2.25
Odell Johnson, St. Paul Mechanic Arts 22-1